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KAZAKH NATIONAL PEDAGOGICAL UNIVERSITY
NAMED AFTER ABAI

Faculty of Physical Culture and Initial Military Training

Claim
Dean of the Faculty
_____ E.E. Ospankulov
May 24, 2024

DEVELOPMENT PLAN
of the educational program
7M01404 – Physical Culture and Sports
for 2023-2029

ALMATY, 2024

Field of education: 7M01404 – Physical Culture and Sports
Field of study: 7M01 Pedagogical Sciences
Group of educational programs: 7M014 – Training of teachers with subject specialization of general development
Educational program: 7M01404 – Physical Culture and Sports

Approved
at the meeting of the Academic Council of the Faculty of Physical Culture and Initial Military Training
Minutes No 10 dated May 24, 2024
Chairman _____ E.E. Ospankulov

CONSIDERED
At the meeting of the Civic Chamber "7M01404 – Physical Culture and Sports"
Minutes No 9 dated April 26 , 2024
Acting Head of the Department _____ A.N. Ilyasova

General information about the educational program:
Academic degree: Master of Pedagogical Sciences in the educational program 7M01404 – Physical Culture and Sports
Language of instruction: Kazakh, Russian
Form of study: full-time
Duration of study: 2 years
Credits: 120

Abai University focuses on the personality of the student, creates a harmonious educational space for mastering knowledge, professional socialization and adaptation, instills respect for the future profession, develops critical thinking and tolerance skills.

1. Analytical substantiation of the program. Information about the educational program

The purpose of the educational program is to train specialists in the field of physical culture and sports in the era of digitalization, who have an understanding of processes and projects, who are able to adapt to educational, research, sports and health management, who are capable of self-reflection and self-reform.

EP planning mechanisms:

The following planning mechanisms are used in the management of educational programs. At the level of long-term planning, general priority areas and strategic goals for the development of all educational programs are identified.

Long-term planning *documents* include the Development Program of NJSC "Abai Kazakh National Pedagogical University" (2023-2029). At the university level, *short-term planning* is represented by the goals of Abai Kazakh National Pedagogical University in the field of quality, the work plans of the Academic Council of the Faculty of Physical Culture and Initial Military Training and the Department of Physical Culture and Sports, individual plans of the teaching staff.

1. Development of EP in accordance with the methodological requirements for the form and content of EP.

2. Coordination of the goal and objectives of the EP with the main regulatory documents of the Republic of Kazakhstan in the field of education, orders of the Ministry of Foreign Affairs of the Republic of Kazakhstan, the mission, the strategic plan of the university, the institute, the comprehensive plan of the department and in general, with the trends in the development of education, culture and art.

3. Coordination of the measures envisaged in the plan for the development of the EP with the UMO of the KazNPU of the Abay estate.

4. Study of the demand for the specialty by employers, taking into account their recommendations in the development of the EP, preparation of a base of practices for the implementation of the EP.

2. The main goals and objectives of the development plan with an indication of the terms and stages of its development:

Purpose of OP 7M01404 – Physical Culture and Sports: training of specialists in the field of physical culture and sports in the era of digitalization, who have an understanding of processes and projects, who are able to adapt to educational, research, sports and health management, who are capable of self-reflection and self-reform.

Objectives of the EP:

- to explain the modern scientific, pedagogical and psychological foundations of physical culture and sports in the process of teaching in educational

institutions;

- to apply a methodological approach to solving research and practical problems in the organization and conduct of training sessions;
- develop program and methodological documentation for planning sports training, teaching and analysis of educational, methodological, practical and training sessions;
- present and argue their own opinion on the problems and prospects for the development of physical culture and sports, physical education in the state, Russian and foreign languages;
- to use innovative teaching technologies in educational institutions of higher and secondary vocational education, in research organizations;
- manage sports organizations, sports science, business, athletes' careers, educational and training process and make management decisions in the face of different opinions;
- analyze the results of the examination of the functional state of the athlete under the influence of physical activity to optimize the training regimen;
- to apply innovative approaches to the diagnosis of sports injuries, methods to improve rehabilitation, as well as to develop a strategy for the prevention of repeated injuries;
- to carry out physical culture and recreation and tourist work on the basis of modern knowledge in the field of physical culture, tourism and medical and biological disciplines;
- to manage the pedagogical process, as well as inclusive education based on management, technology for measuring the sports achievements of students, modern methods of teaching physical culture and sports disciplines, digital culture;
- to use international standards in the professional activities of specialists in the field of physical culture and sports.

3. Main risks of SE

Name of risk	**Possible consequences**	**Management mechanisms and measures**
A small number of state grants in recent years	Reduction of the contingent	Development of new EPs that correspond to the level of development of modern physical culture and sports education
Low share of academic mobility of teaching staff	Decline in the quality of education	Participation in mobility programs for teaching staff
Economic crisis	Decrease in solvency	Providing the opportunity to pay for tuition in stages, motivation to continue studying

Objectives of EP development:

№	Task Name	Implementation timeline	Events	Risks
1	Ensuring high-quality professional training of future specialists in physical culture and sports in accordance with the state order of the society and world standards of education	Entire period of study	Updating the EP in accordance with international and domestic standards, introducing new disciplines and, accordingly, developing educational and methodological manuals for new disciplines	Reduction of the contingent
2	Formation of a set of professional competencies among future specialists in physical culture and sports, who qualify in the following areas: experts in physical culture and sports research, teachers, employees and managers in educational and scientific centers, experts in the field of sports medicine.	Entire period of study	The structure of the EP provides for the following disciplines aimed at the formation of the declared competencies: "Scientific and methodological support in the system of long-term training of athletes", "Management of the sports and pedagogical process", "Methods of scientific research" and many others.	A small proportion of degrees among the teaching staff
3	Development of professional competence and social mobility in future specialists in physical culture and sports; scientifically based trends in the development of modern society;	Entire period of study	The structure of the EP provides for the following disciplines aimed at the formation of the declared competencies: "Methodology for the Formation of Research Culture of Physical Education and Sports Teachers", "Theory and Methodology of Long-	Reduction of the contingent

	high moral qualities of professional activity; Stress; analytical type of thinking; multilingualism and communicativeness.		Term Training of Athletes" and many others.	
4	Improvement of infrastructure and material and technical base	Entire period of study	Software Acquisition	Incomplete assimilation of the EP and the implementation of its tasks

Events:

№	Events	Completion Form	Responsible executors	Deadlines
1	To develop international and national mobility of students and teaching staff	Academic mobility of students and teaching staff	Teaching staff of the department International Department	annually
2	Increasing the attractiveness of EPs and the degree of satisfaction of doctoral students through the implementation of events (participation in scientific conferences, international forums, etc.)	Atameken Rating ESUVO	Teaching staff of the department	annually
4	Encourage foreign language skills of teaching staff	Seminars in English	Head of the Department	annually
5	Creating a systematic feedback culture with doctoral students regarding assessment results	Examinations, TAC (Dissertation Research)	Head of the Department, Teaching staff of the department	annually
6	Realization Educational Programs Providing	Modern educational programs	Head of the Department, Teaching staff of the	2024/2025

	Continuous Education of students		department	
7	Involvement of domestic and foreign specialists in the educational process	Classes and workshops	Teaching staff of the department	annually
8	Improvement of infrastructure and material and technical base	Infrastructure Modernization	Head of the Department, Teaching staff of the department	annually
9	Increase in the number of faculty who have completed advanced training courses in the subject area	Faculty Certifications	Head of the Department, Teaching staff of the department	annually
10	Increase in the number of faculty participating in educational and research projects	Scientific Publications, Publications	Head of the Department, Teaching staff of the department	annually