«АБАЙ АТЫНДАҒЫ ҚАЗАҚ ҰЛТТЫҚ ПЕДАГОГИКАЛЫҚ УНИВЕРСИТЕТІ» КЕАҚ
НАО «КАЗАХСКИЙ НАЦИОНАЛЬНЫЙ ПЕДАГОГИЧЕСКИЙ УНИВЕРСИТЕТ ИМЕНИ АБАЯ»

«БЕКІТЕМІН»
Зерттеу қызметі және инновация жөніндегі проректор / Проректор по исследовательской деятельности и инновации
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ҒЫЛЫМИ-ЗЕРТТЕУ ЖҰМЫСЫНЫҢ ЖЫЛДЫҚ ЕСЕБІ / ГОДОВОЙ ОТЧЕТ ПО НАУЧНО-ИССЛЕДОВАТЕЛЬСКОЙ РАБОТЕ

Дене мәдениетінің теориясы мен әдістемесі
Теория и методика физической культуры
(кафедраның толық атауы / полное наименование кафедры)

за 2025 ж/г.

Факультет деканы / Декан факультета — *қолы / подпись* — Е.Е.Оспанкулов *аты-жөні / Ф.И.О.*

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Алматы, 2025 ж. / г.

Annual report on the research work of the Department of Theory and Methodology of Body Culture

1. Design activity of the SEC:

A portion of the research work carried out by the Scientific Advisory Committee; The research work of the Department of Theory and Methodology of Physical Culture was organized and carried out in accordance with the requirements of the regulatory legal acts regulating this field of activity, the Faculty of Physical Education and Primary Military Training was implemented in scientific projects, which was carried out by an employee of the Department of Theory and Methodology of Physical Culture and the priority areas of its development by higher authorities and the Scientific Council of the University It also includes decisions based on the 2025 Strategic Plan. The research work carried out at the department ensures full compliance with the national policy in the field of education, science and innovative development.

The main tasks of the department are: preparation of reporting documents (standards) for specialized accreditation of educational programs of higher education institutions under the educational program "6B01404 - Physical Education and Sports"; Involvement of faculty and students in solving the most pressing scientific, scientific-pedagogical and scientific-methodological tasks within the framework of the unified scientific problem of the university "Development of continuous pedagogical education." New socio-economic conditions in Kazakhstan, as well as participation in international and republican inter-university scientific events and the introduction of the results of research into the educational process.

The following are some of the key features that will be used in the department during this period:

1. Participation in scientific and practical conferences of international, republican and higher education institutions held at KazNPU. There are other higher education institutions and organizations of Almaty, the Republic of Kazakhstan, near and far abroad .

2. Preparation of reports and abstracts for scientific and practical conferences, scientific articles for the collection of scientific works, writing and publication in the bulletin of KazNPU.

Preparing for the publication of educational and methodological tools for students.

The number of employees of the department who carried out scientific research and development in 2025 is:

There are 33 of them, including:

Employees - 22.

- Additional service providers - 10;

The Chiefs - 1.

The scientific potential of the department (61% of the total number of employees) includes scientists of 3 different disciplines, including Doctor of Science, Professor – 2, Candidate of Philosophy, Professor – 1, Candidate of Philosophy, Senior Lecturer – 1, Candidate of Philosophy, Society. Professor – 1, Doctor of Biological Sciences, Professor – 1, Doctor of Physical Sciences, Associate Professor – 1, Doctor of Medical Sciences, Professor – 2, Ph.D., Senior Lecturer – 1, Doctor of Physical Sciences, Associate Professor – 1, PhD, Senior Lecturer – 4, Master, Senior Lecturer – 9, Lecturer – 9.

The department conducts research in general educational institutions on various aspects of sports games (basketball, table tennis), Gymnastics teaching methodology, athletics teaching methodology, Adaptive physical education, therapeutic physical education, pedagogical skills of the coach, National sports, Outdoor games, Football teaching methodology, teaching methods and technology, Physical education teaching methodology, various aspects of mobile disciplines.

Assessment of the existence and implementation of scientific projects financed by the Ministry of Education and Science of the Republic of Kazakhstan, the degree of compliance of their departments with educational programs (provision of each research project in accordance with the order of the Ministry of Education and Science of the Republic of Kazakhstan):

The number of internal projects financed by Abai KazNPU is 1 project.

The number of young scientists who received grants from universities under the program of small incentive grants is non-existent.

There are no scientific projects financed at the expense of local executive bodies (LEOs) or business representatives.

The University does not participate in the projects of the Research Institute of the Institute of Physics and other scientific organizations of the Republic of Kazakhstan.

There is no shortage of research projects and programs within the framework of international cooperation on the basis of intergovernmental agreements.

There are no studies conducted using the digital platform.

There is no shortage of modern research methods in the field of research.

- There is no need to develop new technologies or new methods of teaching.
- There is no shortage of opportunities for young researchers to participate in research projects.
- A lot of the things that are happening in the classroom and in the classroom are not.
- There are no patents and copyright certificates obtained within the framework of the SEC research and development;
- Scholarships and state scientific prizes - no;
- In 2025, there are no holders of the titles of "Best Researcher", "Best Teacher of Higher Education" of the Republic of Kazakhstan;
- Holders of the title of laureate of international and/or state prizes in the field of science and technology - no;
- There are no teaching assistants in the department;
- There is no shortage of modern tools for conducting scientific research.

The use of equipment of national collective laboratories and engineering laboratories is not carried out in the department.

Conducting research activities on the university's image policy. In order to improve the image policy of the university, the task was set to increase the effectiveness of scientific research in 2025, which has the following indicators:

1) Scientific articles have been published in various sources - 14 (in 2025 - 14), including:

- In journals indexed on the basis of Scopus - 13;
- In the journals presented by the Ministry of Finance of the Republic of Kazakhstan - 8;

In a foreign country, 1.

In the Near Future - 4.

- In other journals of the Republic of Kazakhstan - 11.

2. Scientific-metric indicators of the SEC:

In 2025, the research work of the Department of Physical Education and Sports was able to demonstrate the results of research activities of the members of the department in the scientific directions. "The Department of ""Physical Culture and Sports"", which used to focus on practical things, is now increasing its theoretical scientific potential."

At the end of 2025, the following results were made:

- Published in the journals of the Ministry of Education and Welfare of the Republic of Kazakhstan - 8 articles;
- Published in journals with impact factor (Scopus) - 13 articles;
- published monographs - 3, textbooks and teaching aids - 2.

I would like to point out that all the tasks assigned to the staff of the department have been fulfilled.

3. Network of international and republican scientific cooperation:

In 2025, 27 teaching staff of the Department of Physical Education and Sports passed the advanced training courses. It is clear that the courses of professional development are directly related to the field of education of each teacher, and the acquired knowledge is necessary for the learning process.

4. Research activity of a student, master's student, doctoral student:

KazNPU named after Abai, Department of Physical Culture and Sports, held the 80th scientific and practical conference of students and undergraduates in the section "Theory and Methodology of Physical Culture", during which 24 students took part and made reports. According to the results of the conference:

Among the students:

1st place - **Serikbai Akzhol -** 2nd year student, topic of the report: Rural vs. city: inequality of infrastructure and opportunities for athletes. Scientific supervisor: Kokebayeva R.S. - Candidate of Pedagogical Sciences, senior lecturer.

2nd place - **Nurasyl Nyshanbai –** 4th year student, topic of the report: Physiological significance of functional tests in assessing the functional state of the human body. Scientific supervisor: Yerdanova G. S. – master, teacher.

2nd place - **Baizak Azamat -** 2nd year student, topic of the report: The impact of digital technologies on the effectiveness of physical education lessons. Scientific supervisor: Orynbayeva L.K. - PhD, senior lecturer.

3rd place - **Sagindykova Aida - 3rd** year student, topic of the report: Bullying in sports. Scientific supervisor: Bolatkyzy Sh. - master, senior lecturer.

3rd place - **Sabitkyzy Nuray** – 3rd year student, topic of the report: The relationship between movement activity and physiological development of adolescents: the problem of hypodynamics in modern schools. Scientific supervisor: Gaisina K.M. – PhD, senior lecturer.

Among the master's students:

1st place - **Dnislam Akbayan** - 1st year master's student, topic of the report: Scientific and methodological features of the organization of rehabilitation activities in the school agenda. Scientific supervisor: Uanbayev E.K. - Ph.D., associate professor.

2nd place - **Ruslankyzy Aziza -** 1st year master's student, topic of the report: The role and features of the Kazakh national games in school physical education. Scientific supervisor: Uanbayev E.K. – Ph.D., Associate Professor.

3rd place - **Mamyrkhanova Uldana -** 1st year master's student, topic of the report: Topical issues and prospects of the development of sports and physical culture in Shymkent. Scientific supervisor: Orazov Sh. - Doctor of Physical Sciences, Professor.

Nominations:

1. Creative researcher – Sabitkyzy Nuray, 3rd year student, topic of the report: The relationship between movement activity and physiological development of adolescents: the problem of hypodynamics in modern schools. Scientific supervisor: Gaisina K.M. – PhD, senior lecturer.

2. The best scientific report is Yerzhan Asylzhan - 3rd year student. Title: An Assessment of the Curriculum Based on the Curriculum. Scientific supervisor: Kozhakanov Zh.M. - master, senior lecturer.

3. The best scientific work – 1st year student Karim Eldar , topic of the report: Sports achievements of the national men's team of Kazakhstan in jiu-jitsu on the world stage. Scientific supervisor: Adilzhanova M.I. – teacher.

4. The best oratorical ability is a 4th year student of Khozhanazar Beibarys, the topic of the report: Honest citizen, honest work and success. Scientific supervisor: Dzhanabaeva R.A. - Doctor of Physical Sciences, Professor.

5. The best presentation – 1st year student Nurtai Aigulan, topic of the report: Features of the development of gymnastics in primary schools of the People's Republic of China. Scientific supervisor: Adilzhanova M.I. – teacher.

6. A new invention in the study is Tillayev Asylkhan , a 4th year student, the topic of the report: Coach - the speech technique of the teacher of physical education. Scientific supervisor: Tugelbayev E.N. – master, senior lecturer.

7. The best innovative idea is a 3rd year student of Taubaldy Aim, the topic of the report: Innovative methods of conducting physical education lessons. Scientific supervisor: Kaden N. A. - master, teacher.

8. A special contribution to science is Aida Sagindykova - a 3rd year student. Title: The Problem of Sport.Scientific supervisor: Bolatkyzy Sh. - master, senior lecturer.

9. The best research work is Kozhamberdina Adelya , 3rd year student, topic of the report: Influence of national and genetic factors on the physiological adaptation of the athletes' body. Scientific supervisor: Amitova Zh.T. - master, teacher.

10. The best expert project – 4th year student Sagynbayev Bekzat , topic of the report: Effective ways to teach game methods for beginner level volleyball players. Scientific supervisor: Sapar E.T. – teacher.

11. Letter of gratitude – Bakytzhan Yerkenur, 2nd year student, topic of the report: The effect of movement on the children's body. Scientific supervisor: Malikkyzy Laura. - Master, Senior Lecturer.

12. Letter of gratitude – Zhakypbay Kanagat 1st year student, topic of the report: Psychological features of the development of willpower in athletes. Scientific supervisor: Karibayev.Zh.A. – Master's Senior Lecturer.

13. A Letter of Gratitude - Ruslankyzy Aziza - 1st year master's student, topic of the report: The role and features of the Kazakh national games in school physical education. Scientific supervisor: Uanbayev E.K. – Ph.D., Associate Professor.

14. Letter of gratitude - Dnislam Akbayan - 1st year master's student, topic of the report: Scientific and methodological features of the organization of rehabilitation activities in the school agenda. Scientific supervisor: Uanbayev E.K. - Ph.D., associate professor.

15. Letter of gratitude - Mamyrkhanova Uldana - 1st year master's student, topic of the report: topical issues and prospects of the development of sports and physical culture in Shymkent. Scientific supervisor: Orazov Sh. - Doctor of Physical Sciences, Professor.

CONTENTS

Part One	
Description of the Annual Report on the Project	
An annual report of an analytical nature on the scientific indicators of the Scientific Method.....	

Annual report on the existence of international and republican scientific cooperation of an analytical nature		
Annual report of an analytical nature on the R&D, R&D, ...		
Part Two		
Table 1.	The number of employees in the reporting year (name of the department)	
Table 2.	List of NGOs participating in projects financed by the Ministry of Emergency Situations of the Republic of Kazakhstan and other organizations of the Republic of Kazakhstan	
Table 3.	A list of projects that have been funded by KazNPU named after Abai.....	
Table 4.	A list of international scientific and educational projects...	
Table 5.	A list of startup projects implemented by the SEC	
Table 6.	A list of scientific projects funded by local executive bodies (LEOs) or business representatives.....	
Table 7.	List of patents and copyright certificates	
Table 8.	A list of articles published in journals indexed in Scopus, WOS databases	
Table 9.	List of scientific articles published in journals recommended by the Ministry of Education and Science of the Republic of Kazakhstan	
Schedule 9/1.	List of scientific articles published in foreign publications	
Schedule 9/2.	List of scientific articles published in foreign publications	
Schedule 9/3.	List of scientific articles published in other journals of the Republic of Kazakhstan	
Schedule 9/4.	List of theses/articles published in the proceedings/collections of scientific conferences in the near abroad	
Schedule 9/5.	List of theses/articles published in the materials/collections of scientific conferences abroad	
Schedule 9/6.	List of theses/articles published in the materials/collections of scientific conferences of the Republic of Kazakhstan.....……	
Table 10.	A list of published monographs, chapters in the monographs in rating publications	
Schedule 10/1.	List of textbooks, educational and methodological aids for schools of the Republic of Kazakhstan	
Schedule 10/2.	List of textbooks for higher education institutions	
Schedule 10/3.	List of teaching aids for higher education institutions	
Schedule 10/4.	A list of educational tools for higher education institutions...	
Table 11.	Information about cooperation with foreign higher education institutions	
Table 12.	Information about cooperation with research institutes, schools, lyceums, colleges, etc.	

Table 13.	A list of advanced training courses is	
Table 14.	List of postgraduate students, master's and doctoral students who have carried out scientific trips in Kazakhstan	
Table 15.	List of foreign scientific trips of PAC, undergraduates and doctoral students	
Table 16.	List of postgraduate students, undergraduates and doctoral students who defended their dissertation	
Table 17.	Students and undergraduates are the winners of scientific competitions...	
Table 18.	A list of startup projects implemented by students	
Table 19.	A list of student publications	
Table 20.	List of publications of master's students	
Table 21.	List of publications of doctoral students	
Table 22.	Information about scientific events, conferences held in 2024	
Table 23.	List of publications and interviews in the media, radio, television, etc.....	
Optional		
Laminated copies of patents and copyright certificates		
Articles published in journals indexed in Scopus, WOS databases.....		
Screenshot from the website of the database linking articles published in Scopus, WOS journals.....		
1 copy of the monographs published in the reporting year		
Copies of the title and last pages of monographs, textbooks, teaching aids		
Copies of certificates, diplomas and other award documents received by students and undergraduates		
Copies of contracts concluded with foreign universities, research institutes and scientific organizations...		
Conclusion.....		

TABLES

Table 1

Department of Theory and Methodology of Body Culture, December 2025.

(Department Name)

Name:	Careers	Birthday, year	Scientific degree, scientific title	Specialty Code	Honorary titles	State gifts, grants, awards	Employment rate (100%/ 75%/ 05%/25%)	Aadhaar is another
Tolegenovich Nurzhan	Head of the Department	18.08.1984	PhD, Senior Lecturer				1,5	
Karakov Amantai Karakovich	Lecturer	28.06.1946	Doctor of Philosophy, Associate Professor	6B01404-Physical Culture and Sports			1	
Orazov Shamurat Baymanovich	Lecturer	15.10.1957	Doctor of Philosophy, Professor	13.00.08.	Professor of the Academy of Sciences of the Republic of Kazakhstan	Badge of the Best Teacher of the University of Education and Science of the Republic of Kazakhstan-2013	1	
Burkashov Aptylay Bukarbayevich	Lecturer	20.01.194	Doctor of Medical				1	

		5	Sciences, Professor					
Dzhanabaeva Raya Aitbayevna	Lecturer	12.11.1947	Doctor of Philosophy, Professor	Geography and Biology			0,75	
Balgimbekov Shamshidin Abdullaevich	Lecturer	16.09.1959	Doctor of Medical Sciences, Professor	Higher Medical, Pediatrics, 1982			1	
Uanbayev Yerkin Kinayatovich	Lecturer	08.03.1955	Ph.D., Congregation.Professor	13.00.04.	Academician of the Academy of Sciences of the Republic of Kazakhstan, Honorary Teacher, Professor of the Republic of Kazakhstan	Badge of the Ministry of Tourism and Sports of the Republic of Kazakhstan for meritorious work in the development of the Ministry of Tourism and Sports of the Republic of Kazakhstan, Gold medal of A.Baitursynov	1	
Abishev Asylkhan Rakhimzhanovich	Lecturer	22.09.1951	Ph.D., Senior Lecturer				1	
Kokebayeva Ryskul Sayabekovna	Lecturer	18.04.1974	Ph.D., Senior Lecturer				1,5	
Yerzhanova Eldana Yerzhankyzy	Lecturer	30.03.1992	PhD, Senior Lecturer				1,5	
Orynbayeva Laura Kanybekovna	Lecturer	07.02.198	PhD, Senior Lecturer	Pedagogy and			1,5	

		7		psychology				
Gaisina Karlygash Maratovna	Lecturer	29.07.1986	PhD, Senior Lecturer	6B0113-Biology			1,5	
Bolatkyzy Shynar	Lecturer	14.10.1981	Master, Senior Lecturer	0315			1,5	
Malikkyzy Laura	Lecturer	26.08.1985	Master, Senior Lecturer				1,5	
Karibayev Zhasulan Aldabergenovich	Lecturer	27.09.1984	Master, Senior Lecturer				1,5	
Baialiyev Rakhim Zhambulbekovich	Lecturer	29.01.1978	Master, Senior Lecturer	Physical Education Teacher			1,5	
Kozhakanov, Zhandos Mukanovich	Lecturer	14.11.1982	Master, Senior Lecturer	Physical education and sports			1,5	
Umirzakov Edege Ukubayevich	Lecturer	13.08.1991	Master, Teacher	Physical education and sports			1,5	
Sapar Yerbolat Tazabekovich	Lecturer	01.02.2000	Master, Teacher	Physical education and sports			1,5	
Azyrbaizhan Yerdan Nurlanovich	Lecturer	08.02.1998	Master, Teacher	Physical education and sports			1,5	
Adilzhanova Madina Isakhanovna	Lecturer	14.11.1984	Master, Teacher	5B010800-Physical Culture and Sports,			1,5	

Kunai Serik	Lecturer	11.09.1980	Master, Senior Lecturer	6B01404-Physical Culture and Sports	Master of Sports of the Republic of Kazakhstan		1,5	
Kovalenko, Valery Alekseevich	Lecturer	05.03.1948	Ph.D., Associate Professor				0,5	
Tugelbayev Erik Nurmakhanbetovich	Lecturer	03.05.1986	Master, Senior Lecturer	Physical education and sports			0,5	
Zhumagulov Aydin Aidarkhanovich	Lecturer	25.03.1988	Master, Senior Lecturer	Physical education and sports			0,5	
Kazakhbayeva Gulnur Iskakbekovna	Lecturer	04.01.1984	Master, Senior Lecturer	6N0103 – Pedagogy and Psychology			0,5	
Kaden Nazerke Abdiganikyzy	Lecturer	28.08.1996	Master, Teacher	Physical education and sports			0,5	
Yerdanova Gulzineb Serikbayevna	Lecturer	27.07.1999	Master, Teacher	Physical education and sports			0,5	
Amitova Zhanel Tanyrbergenovna	Lecturer	10.12.1998	Master, Teacher	6B0113-Biology			0,5	
Baimakhanov Akilbek Bakipbekovich	Lecturer	15.10.1988	Master, Teacher	Scientific pedagogy			0,25	
Elikbayeva Moldir Oralbekovna	Lecturer	25.09.1989	Master, Teacher	Biology and ecology			0,25	

Table 2

Participated in projects financed by the Ministry of Finance of the Republic of Kazakhstan and other organizations of the Republic of Kazakhstan
List of FAQs

№	Scientific title of the head of the scientific project / executor T.A.A., scientific title, position in the project	The name of the project (for the projects of the R&D *project of the Republic of Kazakhstan*), priority direction	Name of the organization (grantholders), source of funding	Stage of implementation, amount of financing

Table 3

In 2025, he participated in projects financed by KazNPU named after Abai
List of FAQs

№	Supervisor/Executor T.A.A., scientific title, position in the project	Project Name	Amount of financing
1	Yerdanova Gulzineb Serikbaikizi, master, teacher. Artist	Formation of national values in prepubertal children through the use of national games, Rector's grant	3 000 000

Table 4

List of NGOs participating in international scientific and educational projects in 2025

№	Supervisor/Executor T.A.A., scientific title, position in the project	Project Name, Priority Direction	Name of the organization (grantholders), source of funding	Stage of implementation, amount of financing
	-	-	-	-

Table 5

List of start-up projects implemented in 2025

№	Supervisor/Executor T.A.A., scientific title, position in the project	Project Name, Priority Direction	Source of funding	Stage of implementation, amount of financing
	-	-	-	-

Table 6

List of scientific projects funded by LEO funds or business representatives

№	Supervisor/Executor T.A.A., scientific title, position in the project	Project Name, Priority Direction	Source of funding	Stage of implementation, amount of financing
	-	-	-	-

Table 7

List of patents and copyright certificates in 2025

№	T. A. A., scientific title, activity	Name of the copyright object (patent, copyright certificate)	Patent/Copyright Certificate No.	Date of issuance of patent/authorship certificate
1	Elikbayeva Moldir Oralbekovna	Matrix of a general approach to the creation of computerized educational games aimed at identifying an unfamiliar object	57160	24.04.2025

Table 8

List of articles published in journals indexed in Scopus, WOS databases in 2025

№	T. A. A., scientific title, activity, Hirsch index	Article Name	Contributors	Exit data: magazine, year of publication, pages, DOI	Percentile, the number of citations in the article
1	Tolegenovich Nurzhan, PhD, Senior Lecturer	Effectiveness of simple motor skills training (SMST) and complex motor skills training (CMST) in young boxing students (aged 13–14) froma rural school in Kazakhstan	Akhmetov R. Renata Y. Balgimbekov S. Grigor'evich, A. Imanbetov A.	SPORT TK-Euro American Journal of Sport Sciences. SPORT TK. Volume 14. Article 26. Year 2025. DOI: https://doi.org/10.6018/sportk	31
2	Balgimbekov Sh.A., Doctor of Medical Sciences, Professor	Effectiveness of simple motor skills training (SMST) and complex motor skills training (CMST) in young boxing students (aged 13–14) from a rural school in Kazakhstan	Akhmetov, R., Nurzhan, T., Renata, Y., Grigorkevich, A., & Imanbetov, A.	*SPORT TK-EuroAmerican Journal of Sport Sciences*, *14*, 26. https://doi.org/10.6018/sportk.658551	Percentile: Health Professions – 33rd, Social Sciences, Education – 26th; Number of citations - 5
3	Kokebayeva R.S., Ph.D., Professor	Scientific and methodological foundations of the formation of football playing skills in middle	Zhomart Izhanov Yerlan Seisenbekov Kendibay Abishev	*SPORT TK-EuroAmerican Journal of Sport Sciences*, *14*, 27. 20-04-2025 https://doi.org/10.601	0,68

		school students.	Shamurat Orazov Adilbay Tastanov	8/sportk.659021 1-11	
4	Kokebayeva R.S., Ph.D., Professor	Optimizing instructional approaches to improve poomsae performance in young Taekwondo practitioners	Kunay, S., Ospankulov, Y., Tugelbayev, Y., Murat, A.	Optimizing instructional approaches to improve poomsae performance in young Taekwondo practitioners. *S PORT TK-EuroAmerican Journal of Sport Sciences, 14*, 60. 14.07.2025 https://doi.org/10.6018/sportk.671211	0,56
5	Orynbayeva Laura Kanybekovna, PhD, Senior Lecturer	Exploring professional burnut and resilience in Physical Education teachers: a case study of Kazakhstan.	Talgat Yerezhepov, Gulnur Kazakhbayeva, Nurbek Mektepbergenov, Laura Orynbayeva, Tastemir Shadibekov, Saniya Nurgaliyeva	2025 (julio), Retos, 68, 66-81 ISSN: 1579-1726 **DOI:** https://doi.org/10.47197/retos.v68.113620	Education 70% Q2
6	Adilzhanova Madina Isakhanovna, Master, Teacher, Hirsch index – 1.	The impact of the co-teaching model on students with disabilities in Kazakhstan: a case study	Adilbek Baigaliyev, Sanzhar Mamadaliyev, Berik Islyamov, Erdan Azirbaizhan, Birzhan Serzhanuly	Retos, 72, 1264-1275. Vol. 72 (2025) DOI: https://doi.org/10.47197/retos.v73.117457	Q1, Cultural Studies
7	Kunai Serik, Master, Senior Lecturer	Optimizing instructional approaches to improve poomsae performance in young Taekwondo practitioners	Yernar Ospankulov, Yerik Tugelbayev, Aizhan Murat, Rysgul Kokebayeva	SPORT TK-EuroAmerican Journal of Sport Sciences 14 , 60. Received: 07/11/2024. Accepted: 20/02/2025. Published: 11/07/2025 https://doi.org/10.6018/sportk.67121	31

				ISSN 2340-8812	
8	Kazakhbayeva G.I., Master, Senior Lecturer. Hirsch Index - 1	Exploring professional burnout and resilience in Physical Education teachers: a case study of Kazakhstan	T.Yerezhepov G.Kazakhbayeva N.Mektepbergenov L.Orynbayeva T.Shadibekov S.Nurgaliyeva	2025 (julio), Retos, 68, 66-81 ISSN: 1579-1726 **DOI:** https://doi.org/10.47197/retos.v68.113620	Education 70% Q2

*NOTE: The above table does not show **publications that have not been published***

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Table 9

List of scientific articles published in journals recommended by the Ministry of Education and Science of the Republic of Kazakhstan in 2025

№	T. A. A., scientific title, activity	Article Name	Contributors	Exit data: magazine, year of publication, pages, DOI
1	Tolegenovich Nurzhan, PhD, Senior Lecturer	Features of the development of football playing skills of secondary school students	Izhanov Zh.T., Marshalkhan A., Baimukhanbetov B., Yesimgalieva T.	Gazette of Abai KazNPU "Pedagogical Sciences" series, No. 3 (87), 2025 – pages 255-270. DOI: https://doi.org/10.51889/2959-5762.2025.87.3.035 https://bulletin-pedagogy.kaznpu.kz/index.php/ped/issue/view/66
2	Uanbayev E.K., Associate Professor	Peculiarities of the use of Russian and Kazakh terms in the field of physical culture and sports according to their meaning.	Zh.Yesyrkepov A.B.Doshybekov	Theory and Methodology of Physical Education. The Republican Journal. 2025, №3 (81). B 15-21 DOI: 10.48114/2306-5540_2025_3_15
3	Uanbayev E.K., Associate Professor	Opportunities to improve textbooks and updated curricula "Physical education" at school	Yesyrkepov Zh.M., Omarov B.S., Kurmanbayev B.I.	Scientific and theoretical journal "Theory and methodology of physical education" - 2025. 1(79). -pp. 14-25 COXON DOI:10.48114/2306-5540_2025_1_14
4	Kokebayeva R.S., Ph.D., Senior Lecturer	The problem of professional and applied physical training of university students	Seilov B.A. Arkabayeva S.K. Zhuparkhan J.	Journal "Bulletin of Abylai Khan KazUMOiMYA", series "Pedagogical Sciences" **Print ISSN**: 2412-2149 **Online ISSN**: 2710-3269 **DOI: https://doi.org/10.48371/PEDS.2025.78.3.011%20**
5	Gaisina K.M., PhD, Lecturer	Features of the distribution of tall plants of the Uzynkara (Ketpen) ridge	G.A. Sadyrova, G. Sadyr, A.K. Tynybayeva, T.A. Bazarbayeva, S.M.	Al-Farabi Kazakh National University, "Biology" series, pp. 46-59, No. 1 (102)., 2025. DOI:10.26577/bb202510215

			Dzhamilova, K.M. Kamieva, N.A. Bekenova	
6	Karibayev Zh.A., Master, Senior Lecturer	Psychological support for children in need of special education in the context of inclusive education	A.Autaeva, A.Makhambetova	Kazakh National Pedagogical University named after Abai, psychology series, 2(83) 2025, pages 328-335, DOI:https://doi.org/10.51889/2959-5967.2025.83.2.029

*NOTE: The above table does not show **publications that have not been published***

Schedule 9/1

List of scientific articles published in foreign journals in 2025

№	T. A. A., scientific title, activity	Article Name	Exit data: magazine, city, publication, year, pages
1	Uanbayev E.K., Associate Professor	Teaching students with intellectual disabilities to play boccia.	Proceedings of the XXII International Scientific and Practical Conference "Days of Science – 2025", Volume 1: Czech Republic, Prague, "Education and Science" Publishing House – 117 pages.
2	Kokebayeva R.S., Ph.D., Senior Lecturer	THE ROLE OF NATIONAL GAMES IN MODERN METHODS OF IMPROVING THE PEDAGOGICAL SKILLS OF SPECIALISTS OF PHYSICAL CULTURE AND SPORTS	TURKIY XALQLAR MILLIY O‘YINLARNING DOLZARB MUAMMOLARI VA PEDAGOGIK XUSUSIYATLARI mavzusidagi XALQAQRO ILMIY-AMALIY ANJUMAN. (April 29-30, 2025) 209p.
3	Orynbayeva Laura Kanybekovna, PhD, Senior Lecturer	Relevance of Advanced Training Programs in the Formation of Competencies of Teachers in Kazakhstan	FarDU.ILMIY XABARLAR-Scientific journal of the Fergana State University. –2025. – Volume 31 Issue 2. – P. 4-8. DOI: 10.56292/SJFSU/vol31_iss2/a118.
4	Orynbayeva Laura Kanybekovna,	The use of digital technologies in the organization of the model of extracurricular activities of	O'zbekiston Respublikasi Oliy Ta'lim, Fan Va Innovatsiyalar Vazirligi Mirzo,Ulug'bek Nomidagi

	PhD, Senior Lecturer	schoolchildren	O'zbekiston Milliy Universiteti. Taekvondo Va sport faoliyati fakulteti. Jismoniy tarbiya va sport sohasini rivojlantirish istiqbollari: Muammo va yechimlar. V Respublika ilmiy-amaliy anjumani maqolalari. TO'PLAMI. II QISM 2-3 may TOSHKENT.- 2025.-268 b. http//sportmarketing.nuu.uz

*NOTE: The above table does not show **publications that have not been published***

Table 9/2

List of scientific articles published in journals abroad in 2025

№	T. A. A., scientific title, activity	Article Name	Exit data: magazine, country, city, publication, year, pages
1	Balgimbekov Sh.A., Doctor of Medical Sciences, Professor	Effectiveness of simple motor skills training (SMST) and complex motor skills training (CMST) in young boxing students (aged 13–14) from a rural school in Kazakhstan	*SPORT TK-EuroAmerican Journal of Sport Sciences, 14*, 26. – Spain, Murcia, Publication Service of the University of Murcia. - Year 2025. Volume 14. Article 26, -p.1-13. https://doi.org/10.6018/sportk.658551

*NOTE: The above table does not show **publications that have not been published***

Table 9/3

List of scientific articles published in other journals of the Republic of Kazakhstan in 2025

№	T. A. A., scientific title, activity	Article Name	Exit data: magazine, city, publication, year, pages
1	Orazov Shamurat Baimanovich, Ph.D., Professor	Methods of conducting exercises with the content of general developmental exercises conducted with algae	Qazaq Journal of young Scientist Volume 3. No 5. 2025. P.-61-67. https://qazaqjournal.kz/
2	Karakov Amantay Karakovich, Ph.D., Associate Professor	Methods of conducting exercises with the content of general developmental exercises conducted with algae	Qazaq Journal of young Scientist Volume 3. No 5. 2025. P.-61-67. https://qazaqjournal.kz/
3	Azyrbaizhan Yerdan Nurlanul, Master, Teacher	Methods of conducting exercises with the content of general developmental	Qazaq Journal of young Scientist

		exercises conducted with algae	Volume 3. No 5. 2025. P.-61-67. https://qazaqjournal.kz/
4	Dzhanabaeva Raya Aitbayevna, Ph.D., Professor	Patriotic Heroic Edition of Abai's Legacy	Title: Science Women's Society City: Almaty Publisher: ARNA Year:2024-2025 Pages 94-99
5	Dzhanabaeva Raya Aitbayevna, Ph.D., Professor	A Portrait of the Patriotic and Heroic Education of the Kaka People During the Great Patriotic War	Title: Science Women's Society City: Almaty Publisher: ARNA Year:2025 Pages 85-89
6	Abishev Asylkhan Rakhimzhanovich, Ph.D., Senior Lecturer	Organization of extracurricular and mass sports activities at school	International Scientific and Pedagogical Journal, 143 Abai Ave., Almaty. pp. 62-66
7	Abishev Asylkhan Rakhimzhanovich, Ph.D., Senior Lecturer	Methods and tools of running students in athletics lessons	International Scientific and Pedagogical Journal, Almaty, Abai Ave., 143. pp. 66-72
8	The Daughter of the Bridegroom, Master, Senior Lecturer	Reflection of patriotic and heroic education of the Kazakh people during the Great Patriotic War	Science. Woman. Society. Almaty, 3(18)2025, pp. 94-99.
9	Azirbaizhan Yerdan Nurlanovich, Master, Lecturer	The content and methods of conducting general developmental exercises with algae	«Qazaq journal of young International Scientific Journal Scientist pp. 61-67 Vol.3, No. 5, May, 2025. Issn: 2959-1279
10	Azirbaizhan Yerdan Nurlanovich, Master, Lecturer	The main types of organization of physical education teaching work	«Qazaq journal of young International Scientific Journal Scientist pp. 68-73, vol. 3, no. 5, May, 2025. Issn: 2959-1279
11	Tugelbayev Erik Nurmakhanbetovich, Master, Senior Lecturer	The importance of sport in the development of national values of high school students	Scientific works of the Military Engineering Institute of Radioelectronics and Communications. Military Scientific and Technical

			Journal No. 4 (62), pages 246-256 2025. .

*NOTE: The above table does not show **publications that have not been published***

Schedule 9/4

List of abstracts, articles published in the materials/collections of scientific conferences in the near abroad in 2025

№	T. A. A., scientific title, activity	Article Name	Exit data: magazine, country, city, publication, year, pages
1	Tolegenovich Nurzhan, PhD, Senior Lecturer	Teaching students with intellectual disabilities to play Boccia	Materiály XXII Mezinárodní vědecko - praktická konference «Dny vědy - 2025», Volume 1: Praha. Publishing House «Education and Science». Prague, Czech Republic. 22-30 March 2025. – P. 58-64.
2	Tolegenovich Nurzhan, PhD, Senior Lecturer	The impact of the technique bocce on the physical qualities and social development of schoolchildren with special needs educational needs: theoretical foundations and practical Application	Innovative Approaches and Development Trends in Physical Education, Adaptive Physical Culture and Life Safety: Collection of Articles for the International Scientific and Practical Conference (October 23-24, 2025); OGPU, Express Printing House, Orenburg, 2025. – C. 196-202
3	Tolegenovich Nurzhan, PhD, Senior Lecturer	Structural-functional model of training 11–13-year-old judokas during the specialization period	Proceedings of the 11th International Scientific Conference «Research Reviews» (November 20-21, 2025). Prague, Czech republic, 2025. – P. 64-69.
4	Uanbaev E.K. Associate Professor Kultanov D.T., Paid by N. Y.	The Influence of Boccia Methodology on the Physical Qualities and Social Development of Schoolchildren with Special Educational Needs: Theoretical Foundations and Practical Application	International Scientific and Practical Conference (October 23-24, 2025); OGPU, Printing House "Express-Seal" – Orenburg, 2025. – p. 380. Pp. 192-202.
5	Orazov Shamurat Baymanovich, Ph.D., Professor	System of professional training of future specialists	International Conference Karakalpakstan Nukus, 2025. pp. 49-53. DOI: https://doi.org/10.5281/zenodo.15078079
6	Amitova Zh.T. Master, Lecturer	System of professional training of future specialists	International Conference

			Karakalpakstan Nukus, 2025. pp. 49-53. DOI: https://doi.org/10.5281/zenodo.15078079
7	Balgimbekov Sh.A., Doctor of Medical Sciences, Professor	Stages of development and achievements of the scientific school of nutritionists in Kazakhstan.	Proceedings of the National Conference with International Participation "SCIENTIFIC SCHOOLS AS THE BASIS FOR THE DEVELOPMENT OF SCIENCE AT A MODERN UNIVERSITY", FIRST OPEN EDUCATIONAL FORUM "PEDAGOGICAL SIBERIA - 2025", November 25-26, 2025. - Russia, Novosibirsk, pp. 101-108.
8	Sapar Yerbolat Tazabekovich, Master, Teacher	Description of the integral indicators that determine the level of physical fitness of students and the professional skills of teachers.	Collection of materials of the VII International Scientific and Practical Conference "Physical Culture, Tourism and Innovation in Sports". Uzbekistan April 29-30, 2025 pp. 209-212. ISBN 978-601-7964-90-20

*NOTE: The above table does not show **publications that have not been published***

Schedule 9/5

List of abstracts, articles published in the materials / collections of scientific conferences abroad in 2025

№	T. A. A., scientific title, activity	Article Name	Exit data: magazine, country, city, publication, year, pages
1	Kazakhbayeva G.I. Master, Senior Lecturer	Social and pedagogical support for student youth in the context of globalization and integration https://isg-konf.com/innovative-development-models-trends-and-innovations/	The 16th International scientific and practical conference “Innovative development models: trends and innovations” (April 22 – 25, 2025) Athens, Greece. International Science Group. 2025. 117-122 p.
2	Uanbaev E.K., Associate Professor	Teaching students with intellectual disabilities to play bocce	International Scientific and Practical Conference \\ DNY VĚDY – 2025. Prague, 2025. - P. 58-69

*NOTE: The above table does not show **publications that have not been published***

Table 9/6

List of theses, articles published in the materials/collections of scientific conferences of the Republic of Kazakhstan in 2025

№	T. A. A., scientific title,	Article Name	Exit data: magazine, country, city,

	activity		publication, year, pages
1	Balgimbekov Sh.A., Doctor of Medical Sciences, Professor	Assessment of the functional state of the autonomic nervous system of adolescent athletes	Collection of scientific papers of the International Scientific and Practical Conference "Innovative Approaches to Monitoring the Health of Children and Adolescents: Challenges, Solutions and Prospects". - Astana, Eurasian National University named after L.N. Gumilyov, 2025. – p.91-94.
2	Balgimbekov Sh.A., Doctor of Medical Sciences, Professor	Features of adaptive physical education of children with musculoskeletal disorders.	"Problems and prospects of the development of physical culture and sports = Problems and prospects for the development of physical culture and sports = Problems and prospects of the Development of physical education and sports": Collection of scientific works. - Karaganda, Publishing house of the Karaganda National Research University named after Academician E.A. Buketov, 2025. - p.141-146.
3	Bolatkyzy Sh, Master, Senior Lecturer	Features of adaptation and physical education of children with musculoskeletal disorders	Issues and Future of Physical Education and Sport Development. A scientific and practical conference with international participation. Looking forward to 2025. pp. 141-146.
4	Sapar Yerbolat Tazabekovich, Master, Teacher	Description of the integral indicators that determine the level of physical fitness of students and the professional skills of teachers.	Collection of materials of the VII International Scientific and Practical Conference "Physical Culture, Tourism and Innovation in Sports". Almaty, April 29-30, 2025 pp. 209-212. ISBN 978-601-7964-90-20

NOTE: The above table does not show publications that have not been published

Table 10

List of monographs published in 2025, chapters in monographs in rating publications

№	Name, Activity, Scientific Title	Title of the monograph	Exit data: magazine, city, publication, year, pages
1	Tolegenovich Nurzhan, PhD,	Structural-functional model of training 11–13-year-old judokas during the specialization period	Monografi. ASES KONGRE ORGANİZASYON YAYINCILIK.

	Senior Lecturer		MALATYA, 2025. – 228 s.
2	Yerdanova Gulzineb Serikbaikizi, Lecturer, Lecturer	Study of the basics of therapeutic physical education and kinesiotherapy in the system of rehabilitation and recreation of the body	Almaty 2025 ISBN 978-601-82148-4-4, 98 pages. UDC 615.825 BBK 53.541.1t BBC
3	Yerdanova Gulzineb Serikbaikizi, Lecturer, Lecturer	EDS and kinesiotherapy in the system of rehabilitation and recreation of the body	Almaty 2025 ISBN-978-601-82228-0-17, 137 pages. UDC 615.825 BBC 53.541.1.

*NOTE: The above table does not show **monographs that have not been published***
The names of the high-ranking publications are indicated in the structure of this document (see pages 2-3)

Schedule 10/1

List of textbooks, educational and methodological aids for schools of the Republic of Kazakhstan in 2025

№	Name, Activity, Scientific Title	Title and Privilege of the Publication	Exit data: magazine, city, publication, year, pages ISBN	A body that submits a textbook to the publication
1	Kozhakanov Zhandos Mukanovych, Master, Senior Lecturer	"Methodology of teaching physical education in preschool institutions"	p. 112. Tutorial	Kazakh National Pedagogical University named after Abai" JSC
2	Yerdanova Gulzineb Serikbaikizi, Lecturer, Lecturer	Adaptation, physical education and sports	Almaty 2025 ISBN 978-601-82228-0-1 UDC 376.23 BBC 75.116	Kazakh Academy of Sports and Tourism

*Note: OAC, POAC, Syllabus, GOSO, etc. It **Won't Be Displayed***

Schedule 10/2

List of textbooks for universities published in 2025

№	T. A. A., scientific title, activity	Textbook Name	Exit data: magazine, city, publication, year, pages	A body that submits a textbook to the publication
	-	-	-	-

*Note: OAC, POAC, Syllabus, GOSO, etc**. It will not be displayed.***

Schedule 10/3

List of educational aids for universities released in 2025

№	T. A. A., scientific title, activity	Name of the textbook	Exit data: magazine, city, publication, year, pages	A body that submits a textbook to the publication
	-	-	-	-

*Note: OAC, POAC, Syllabus, GOSO, etc. It **will not be** displayed.*

Schedule 10/4

List of educational and methodological tools for universities issued in 2025

№	Name, Activity, Scientific Title	Name of the textbook	Exit data: magazine, city, publication, year, pages ISBN	A body that submits a textbook to the publication
	-	-	-	-

*Note: OAC, POAC, Syllabus, GOSO, etc. It **will not be displayed.***

Table 11

Information about cooperation with foreign universities

№	Name, name, position, scientific degree and degree of partners of a foreign university	The theme of cooperation	Events held (Location and Time)
1	Novosibirsk State Pedagogical University: Aizman R.I., Head of the Department of "Anatomy and Physiology, Life Safety", Doctor of Biological Sciences, Professor, Academician of the Russian Academy of Natural Sciences	"Medical and biological, scientific and practical problems of physical culture and sports"	THE FIRST OPEN EDUCATIONAL FORUM "PEDAGOGICAL SIBERIA 2025": National Conference with International Participation "SCIENTIFIC SCHOOLS AS THE BASIS FOR THE DEVELOPMENT OF SCIENCE IN A MODERN UNIVERSITY". - Novosibirsk, November 25-26, 2025 d.
2	Russian State Pedagogical University. A.I. Herzena: Buynov L.V., Dr. Honey. Doctor of Science, Professor, Head of the Department of Medical and Valeological Disciplines of the Faculty of Life Safety	"Modern Systems of Health Preservation of Schoolchildren and Public Health Issues"	International Online Conference "Topical Issues of Health Preservation of Participants in Educational Relations", April 6, 2025

Table 12

Information on cooperation with research institutes, schools, lyceums, colleges, etc.

№	The name of the school, the name of the partners	Type of cooperation	Events held (Location and Time)
1	It was held in the regional specialized gymnasium-	Educational and methodological	Member of the jury for the competition of projects "Zerde"

	boarding school named after Abai, located in Almaty Gulniar Adilkhanovna	cooperation	
2	Kazakh Academy of Sports and Tourism Begova Aliya Akanbayevna – Head of the Department of Physical Culture and Theoretical Foundations of Sports. PhD.	Educational and methodological cooperation Winner of the XVII Republican Subject Olympiad Exchange of experience with students of the Kazakh Academy of Sports and Tourism	Faculty of Physical Education and First Military Training of KazNPU named after Abai. Educational Corps

Table 13

List of Advanced Placement Courses in 2025

№	Name:	Location, type of training, clock
1	Karakov Amantai Karakovich	KazNPU to them Abai. Almaty 22.10-04.11.2025, Improvement of professional skills of teachers of higher educational institutions. (Movement and national games. Theory and methodology of recreational forms of physical education. Physiology of sports activity) 80 hours. Certificate No. 004799
2	Orazov Shamurat Baymanovich	KazNPU named after Abai. Almaty, Almaty 22.10-04.11.2025. Improvement of professional skills of teachers of higher educational institutions.(History of Olympic sports. Orientation and selection in sports. Physical culture and sports management) 80 hours, Certificate No. 004803
3	Dzhanabaeva Raya Aitbayevna	KazNPU named after Abai. Almaty 13.10-24.10.2025, Improvement of professional skills of teachers of higher educational institutions. (Organization and planning of research work. Planning of teaching and training preparation. Pedagogical research) 80 hours. Certificate
4	Balgimbekov Shamshidin Abdullaevich	«Sports Science and Research Methodology in Sports», TOIN UNIVERSITY OF YOKOHAMA, Faculty of Sport Sciences, 26.03-28.03.2025. Certificate of Participation.
5	Balgimbekov Shamshidin Abdullaevich	"Description of muscular activity in physical education and sports", advanced training course, 07.04-18.04.2025, 80 hours, certificate No. 003916.
6	Balgimbekov Shamshidin Abdullaevich	Advanced training course "Improvement of professional skills of university teachers" (Basics of sports medicine and rehabilitation. Age-related physiological features of children's development. Functional anatomy of human and DS exercises), 13.10-24.10.2025, 80 hours, Certificate No. 004676
7	Uanbayev Yerkin Kinayatovich	Advanced training seminar "Sports Science and Research Methodology in Sport" 28.03.2025 72 hours. KazNPU and

		Toin Yokohama University
8	Abishev Asylkhan Rakhimzhanovich	Advanced training course on the topic "Description of muscular activity in physical culture and sports". Almaty, 07.04-18.04.2025. (80 hours). Certificate No003904, date of issue 18.04.2025
9	Abishev Asylkhan Rakhimzhanovich	Ministry of higher education,. science, and technology. Universitas negeri Yogyakarta . Graduate School. Ce rtificate Participant in the international Colladorative Article Writing Training and fulfilled the reguired outhut through article submission dur ing the period of Yogyakarta, July 14-August 12. 2025. 100 hours in the horizon .Course
10	Kokebayeva Rysgul Sayabekovna	KazNPU to them Abai. Almaty 08.01-17.01.2025. Pedagogical mastery in the context of changes and challenges of the times. 80 hours. Certificate No. 002401.
11	Kokebayeva Rysgul Sayabekovna	KazNPU to them Abai. Almaty 13.10-24.10.2025. Improvement of professional skills of teachers of higher education institutions (Methodology and subject of athletics training) 80 hours, Certificate No004677
12	Yerzhanova Eldana Yerzhankyzy	KazNPU named after Abai. Almaty 22.10-04.11.2025. Improvement of professional skills of teachers of higher education institutions (Volleyball and teaching methodology. Sports games (basketball, volleyball) 80 hours. Certificate No004779
13	Orynbayeva Laura Kanybekovna,	KazNPU to them Abai. Almaty 18.12-28.12.2024. Review, meta-analysis, organization and management in sports science. 80 hours. Certificate No. 002256
14	Orynbayeva Laura Kanybekovna,	KazNPU to them Abai. Almaty 08.01-17.01.2025 Pedagogical skills in the context of changes and challenges of the times. 80 hours. Certificate No. 002386
15	Orynbayeva Laura Kanybekovna,	KazNPU to them Abai. Almaty 13.10-24.10.2025. Improvement of professional skills of teachers of higher education institutions (Teaching methods and technologies. Assessment and development. Pedagogical research) 80 hours, Certificate No. 004670
16	Orynbayeva Laura Kanybekovna,	Academy of Teachers and Psychologists of the Republic of Kazakhstan. The Devil's Advocates. Astana 23.12-.08.01.2025. 80 hours. Certificate No. 1513
17	Orynbayeva Laura Kanybekovna,	Academy of Teachers and Psychologists of the Republic of Kazakhstan. Neuropsychology of childhood Astana 23.12-.08.01.2025 . 80 hours. Certificate No. 1864
18	Gaisina Karlygash Maratovna	Sports Science and Research Methodology in Sports. CERTIFICATE. Held in Almaty. Kazakhstan from March 26 to 28, 2025
19	Gaisina Karlygash Maratovna	"Description of physical culture and muscular activity". CERTIFICATE 07.04-18.04.2025 (offline), (80 hours) Registration No. 003923. Almaty.
20	Gaisina Karlygash Maratovna	"Pedagogical Excellence in the Context of Changes and Challenges of the Times" (80 hours) Ministry of Science and Higher Education of the Republic of Kazakhstan. KazNPU

		named after Abai. Almaty, 2025. (offline) CERTIFICATE. "Winter School-2025" Registration No. 002380.
21	Gaisina Karlygash Maratovna	I have completed a course on the topic of functional anatomy of human and physical exercises (80 hours). DARYN ONLINE. Almaty 08.09.2025-19.09.2025.No 25-28346
22	Gaisina Karlygash Maratovna	"Features of age and physiological development of children" DARYN ONLINE. Almaty 08.09-19.09.2025. (80 hours)
23	Gaisina Karlygash Maratovna	Description of the function of muscles in physical education and sports. 07-04-18.04.2025 80 hours. (KazNPU named after Abai)
24	Gaisina Karlygash Maratovna	"Improvement of professional skills of teachers of higher education" (Organization and planning of research work. Planning of training and training. Pedagogical research) 13-10-24.10.2025 80 hours. (KazNPU named after Abai)
25	Malikkyzy Laura	DARYN ONLINE. Almaty 08.09-19.09.2025. "Features of age and physiological development of children" 80 hours, Certificate No25-28405
26	Karibayev Zhasulan Aldabergenovich	Toin university of yokonama, Flmaty, Kazakhstan from March 26 to 28, 2025
27	Karibayev Zhasulan Aldabergenovich	Kazakh National Pedagogical University named after Abai, 07.04-18.04.2025 (offline) 80 hours
28	Karibayev Zhasulan Aldabergenovich	Researcher academy on Campus, on Thursday 16 January, 2025
29	Baialiyev Rakhim Zhambylbekovich	KazNPU to them Abai. Almaty 13.10-24.10.2025. Improvement of the professional skills of teachers of higher education institutions. (Sports metrology. Moving and national games. National sports and teaching methodology) 80 hours. Certificate No. 004675
30	Kozhakanov, Zhandos Mukanovich	KazNPU to them Abai. Almaty 22.10-04.11.2025. Improvement of the professional skills of teachers of higher education institutions. (Teaching Methodology of Physical Culture. Physical Education) 80 hours. Certificate No. 004778
31	Umirzakov Edege Ukubayevich	"Improvement of professional skills of teachers of higher educational institutions" (Physical education. Methodology of teaching mobile and national games. Methodology of teaching sports games (football, handball) 22.10-04.11.2025, 80 hours, Abai KazNPU. Certificate No. 004804
32	Sapar Yerbolat Tazabekovich	CERTIFICATE "WINTER SCHOOL-2025" (80 hours) held from January 8 to January 17 in the section "First steps in the teaching career: challenges, opportunities and success". Registration number 002450
33	Sapar Yerbolat Tazabekovich	On the topic "Description of muscular activity in physical education and sports" 07.04-18.04.2025 An 80-hour course of training is a testament to the quality of the training. Kazakh National Pedagogical University named after

		Abai.Registration number 003908
34	Sapar Yerbolat Tazabekovich	"Volleyball and teaching methodology. Physical Education" 22.10-04.11.2025 An 80-hour course of training is a testament to the quality of the training. Kazakh National Pedagogical University named after Abai.Registration number 004800
35	Azyrbaizhan Yerdan Nurlanovich	KazNPU to them Abai. Almaty 08.01-17.01.2025. The first steps in a pedagogical career: challenges, opportunities, and successes. 80 hours. Certificate No. 002480
36	Azyrbaizhan Yerdan Nurlanovich	KazNPU to them Abai. Almaty 22.10-04.11.2025. Improvement of the professional skills of teachers of higher education institutions. (Methodology of teaching mobile and national games. Methodology of teaching sports games (football, handball). 80 hours. Certificate No. 004801
37	Adilzhanova Madina Isakhanovna	"Description of muscular activity in physical culture and sports" 07-18.04.2025, 80 academic hours advanced training course, Abai KazNPU, Almaty, 2025
38	Adilzhanova Madina Isakhanovna	From September 22 to October 04, 2025 at the Institute of Advanced Training and Additional Education of Al-Farabi Kazakh National University for teachers of higher education institutions "Physical culture and sports", 80 academic hours, No. 2503, Almaty, 2025.
39	Adilzhanova Madina Isakhanovna	"Modern Approaches and Tools for Updating Academic Processes of the University" from November 24 to December 5, 2025 in the amount of 74 academic hours, No. DO-011, Astana IT University LLP, Almaty, 2025.
40	Kunai Serik	"Improvement of professional skills of teachers of higher educational institutions" 22.10-04.11.2025 80 hours. Certificate No. 004798
41	Kovalenko, Valery Alekseevich	Abai Kazakh National Pedagogical University. Almaty 22.10-04.11.2025. Abai Kazakh National Pedagogical University. Improving teaching skills at the university. (Gymnastics with teaching methods. Methods of Teaching Physical Education.Biomechanics of Human Movements and Physical Exercises) 80 hours. Certificate No. 004777
42	Tugelbayev Erik Nurmakhanbetovich	"Improvement of professional skills of teachers of higher education" (Football teaching methodology, National sports and teaching methodology, Physical education.) 22.10-04.11.2025 KazNPU 04.November 2025 Certificate No. 004781
43	Zhumagulov Aydin Aidarkhanovich	KazNPU to them Abai. Almaty 13.10-24.10.2025. Improvement of the professional skills of teachers of higher education institutions. 80 hours Certificate No. 004696
44	Kazakhbayeva Gulnur Iskakbekovna	"Review of Scientific Literature: A Systematic Approach to Analysis and Writing" (72 hours) 8-15.02.2025 / Kazakh researcher club
45	Kazakhbayeva Gulnur	"Global Competencies" (80 hours) 24.02.-7.03.2025 /

	Iskakbekovna	Academy of Teachers and Psychologists
46	Kazakhbayeva Gulnur Iskakbekovna	"Features of Adaptive Physical Education Teaching in the Context of Inclusive Education" (80 hours) 14-25.04.2025 / Public Fund "Victory Get"
47	Kazakhbayeva Gulnur Iskakbekovna	"Artificial Intelligence in Education: Real Opportunities and Potential" (80 hours) 6-17.10.2025 / Innovative Academy of Psychology and Management
48	Kazakhbayeva Gulnur Iskakbekovna	"Improvement of teaching skills at the university" (80 hours) 13-24.10.2025 / Abai Kazakh National Pedagogical University. Certificate
49	Kaden Nazerke Abdiganikyzy	KazNPU to them Abai. Almaty 08.01-17.01.2025. The first steps in a pedagogical career: challenges, opportunities, and successes. 80 hours. Certificate No. 024103
50	Kaden Nazerke Abdiganikyzy	Institute for the Development of Educational Content. Almaty 14.06.2025. Teaching methods of sports games (basketball, volleyball). 80 hours. Certificate No. 9715
51	Yerdanova Gulzineb Serikbayevna	KazNPU named after Abai "Winter School - 2025" Section "First steps in the teaching career: difficulties, opportunities and success" Almaty 2025 , No002489
52	Yerdanova Gulzineb Serikbayevna	"Improvement of professional skills of teachers of higher educational institutions" (Physical education for working capacity and active recreation at school.) 13.10-24.11.2025 KazNPU Almaty 2025 Certificate No. 004695
53	Amitova Zhanel Tanyrbergenovna	Organized by the Republican Daryn.online Educational Platform "Functional Anatomy of Human and Physical Exercise" 80 Hours Course time: 08.09.2025-19.09.2025 , No25-28347
54	Amitova Zhanel Tanyrbergenovna	CERTIFICATE Ministry of Education of the Republic of Kazakhstan "The National Center for Advanced Training ""Orleu"" has completed online training under the program ""Educational process and AI: generative models and the art of industrial engineering""." Date of issue/ 10.11.2025
55	Amitova Zhanel Tanyrbergenovna	KazNPU named after Abai "Winter School - 2025" Section "First steps in the teaching career: difficulties, opportunities and success" Almaty 2025 , No002483
56	Amitova Zhanel Tanyrbergenovna	KazNPU named after Abai "Description of muscular activity in physical education and sports" 80 hours Date of issue/ 18.04.2025 No003911
57	Amitova Zhanel Tanyrbergenovna	Institute for the Development of Educational Content

		"Features of age and physiological development of children" 80 hours Date of issue/ 23.05.2025 No9592
58	Elikbayeva Moldir Oralbekovna	"Improvement of professional skills of teachers of higher educational institutions" (Sports physiology and biochemistry. Basics of sports medicine and rehabilitation) 22.10-04.11.2025, 80 hours, KazNPU named after Abai. Certificate No. 004802

Table 14

2025 List of postgraduate students, undergraduates and doctoral students who have carried out scientific trips in Kazakhstan

№	Name:	Scientific title, position	Place and timing of the business trip	The purpose of the business trip	Source of funding
	-	-	-	-	-

Table 15

List of foreign scientific trips of PAC, master's and doctoral students in 2025

№	Name, scientific title, activity	Syllabus	Business Trip Day	The purpose of the business trip	Source of funding
1	Yerdanova Gulzineb Serikbaikizi, Master, Teacher	Istanbul, Republic of Turkey	15-17.12.2025	"Peculiarities of the formation of national values for children in the prepubertal period through the use of national games" An oral report on a scientific article on the topic	Rector's Grant

Table 16

List of postgraduate students, master's and doctoral students defending their dissertation in 2025

№	Name:	Careers	Scientific degree, title
1	Svetlana Stupina	-	Master of Physical Education and Sports 7M01404

Table 17

Winners of scientific competitions in 2025 - list of students and undergraduates

№	Name, specialty code and course	Name and function of the scientific supervisor	Names of competitions and Olympiads (past place: city, name of	Award Type (Depending on the subject, diploma, place, etc.)

			educational institution, date, year)	
1	Serikbai Akzhol is a 2nd year student of the educational program "6B01404-Physical Education and Sports".	Kokebayeva R.S. - Ph.D., Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Diploma 1st place
2	Nurasyl Nyshanbai is a 4th year student of the educational program "6B01404-Physical Education and Sports".	Yerdanova G. S. – Master, Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Diploma 2nd place
3	Baizak Azamat is a 2nd year student of the educational program "6B01404-Physical Education and Sports".	Orynbayeva L.K. - PhD, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Diploma 2nd place
4	Aida Sagindykova is a 3rd year student of the educational program "6B01404-Physical Education and Sports".	Bolatkyzy Sh. - Master, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Diploma 3rd place
5	Sabitkyzy Nuray is a 3rd year student of the educational program "6B01404 Physical Education and Sports".	Gaisina K.M. – PhD, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Diploma 3rd place
6	Dnislam Akbayan – 1st year master's student "7M01404",	Uanbayev E.K. – Ph.D., Associate Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	1st place
7	Ruslankyzy Aziza - 1st year master's student "7M01404"	Uanbayev E.K. – Ph.D., Associate Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	2nd place
8	Mamyrkhanova Uldana - 1st year master's student "7M01404"	Orazov Sh. – Doctor of Pedagogical Sciences, Professor.	80th annual scientific conference of students and undergraduates of KazNPU named	3rd place

			after Abai.	
80th annual scientific conference of students and undergraduates of KazNPU named after Abai. Letters of thanks by nominations				
1	Sabitkyzy Nuray - 3rd year student "6B01404 Physical Education and Sports"	Gaisina K.M. – PhD, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Creative Explorer
2	Yerzhan Asylzhan - 3rd year student "6B01404 Physical Education and Sports"	Kozhakanov Zh.M. - Master, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Best Scientific Report
3	Karim Eldar Karim Eldar - 1st year student "6B01404 Physical Education and Sports"	Adilzhanova M.I. – Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	The best scientific work
4	Khojanazar Beibarys Khojanazar Beibarys - 4th year student "6B01404 Physical Education and Sports"	Dzhanabaeva R.A. - Doctor of Physical Sciences, Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Excellent public speaking skills
5	Nurtai Aigulan - 1st year student "6B01404 Physical Education and Sports",	Adilzhanova M.I. – Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Best Presentation
6	Tillayev Asylkhan - 4th year student "6B01404 Physical Education and Sports"	Tugelbayev E.N. – Master, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A New Perspective in the Study
7	Taubaldy Aim-3rd year student "6B01404 Physical Education and Sports"	Kaden N.A. - Master, Teacher.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	The Best Innovative Idea
8	Sagindykova Aida - 3rd year student "6B01404 Physical Education and Sports"	Bolatkyzy Sh. - Master, Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Outstanding contribution to science
9	Kozhamberdina	Amitova Zh.T. - master,	80th annual	Best Research

	Adelya - 3rd year student "6B01404 Physical Education and Sports"	teacher.	scientific conference of students and undergraduates of KazNPU named after Abai.	Paper
10	Sagynbayev Bekzat - 4th year student "6B01404 Physical Education and Sports"	Sapar E.T. – teacher.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	Best Expert Project
11	Bakytzhan Yerkenur - 2nd year student "6B01404 Physical Education and Sports"	Malikkyzy Laura. - Master, senior teacher.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A Letter of Gratitude
12	Zhakypbay Kanagat - 1st year student "6B01404 Physical Education and Sports"	Karibayev.Zh.A. – Master's Senior Lecturer.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A Letter of Gratitude
13	Ruslankyzy Aziza--1st year master's student "7M01404"	Uanbayev E.K. – Ph.D., Associate Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A Letter of Gratitude
14	Dnislam Akbayan --1st year master's student "7M01404"	Uanbayev E.K. – Ph.D., Associate Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A Letter of Gratitude
15	Mamyrkhanova Uldana - 1st year master's student "7M01404"	Orazov Sh. – Doctor of Pedagogical Sciences, Professor.	80th annual scientific conference of students and undergraduates of KazNPU named after Abai.	A Letter of Gratitude

Table 18

List of startup projects implemented by students in 2025

№	Name of the leader/performer, course, cipher and profession	Project Name, Priority Direction	Source of funding	Stage of implementation, amount of financing
	-	-	-	-

Table 19

List of Student Publications in 2025

№	Name of the author-student, co-authors	Student's course, cipher and specialty	Syllabus Name	Exit data: magazine, city, publication, year, pages
	-	-	-	-

*NOTE: The above table does not show **publications that have not been published***

Table 20

List of publications of Master's students in 2025

№	Name of the author-master's student, co-authors	Student's course, cipher and specialty	Syllabus Name	Exit data: magazine, city, publication, year, pages
1	A.E. Kassymkhan, R.S. Kokebayeva	2nd year 7M01404-Physical culture and sports	Mental Skills in Volleyball: Tactical Training of Young Athletes	Issues and Future of Physical Education and Sport Development. Collection of scientific works. Scientific electronic publication. NJSC "Karaganda National Research University named after Academician E.A. Buketov". Looking forward to 2025. pp. 22-26.

*NOTE: The above table does not show **publications that have not been published***

Table 21

List of Doctoral Publications in 2025

№	Author - doctoral student Name, Sub-Authors	Student's course, cipher and specialty	Syllabus Name	Exit data: magazine, city, publication, year, pages
	-	-	-	-

*NOTE: The above table does not show **publications that have not been published***

Table 22

Information about scientific events, conferences held in 2025

№	The Status and Name of the Event	Venue, format, time of the event
1	Scientific and practical seminars. The Importance of Proper Use of Sports in Sports. Explain how to use the correct spelling.	September. Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and First Military Training, stadium
2	Round table. Today's students are tomorrow's students, tomorrow's students. Formation of professional competence of future specialists,	10.10.2025. Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, room 201.

	their involvement in scientific work, development of creative abilities, improvement of skills of active participation in research work.	
3	A practical lesson. How to Encourage Students to Write a Scientific Paper.	15.10.2025Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, room 201.
4	Scientific and practical seminars. He taught the techniques of the Beatles to young boxers.	17.10.2025 Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, sports hall.
5	Round table. Meet people who have achieved great success in science, education, and sports.	October, November 2025 Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, room 304.
6	Scientific and practical seminars. Implementation, stimulation and development of students' research work.	20.11.2025Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, room 304.
7	Scientific and practical seminar "Topical issues of the spread of HIV infection among young people and their prevention in the current situation".	Department of "Theory and Methodology of Physical Culture" of the Faculty of Physical Education and Primary Military Training, scientific and practical seminar, December 1, 2025. 201 classrooms.
8	3rd year student Yerzhan Asylzhan was awarded in the nomination "The Best Scientific Report" for participating in the 80th scientific conference of students and undergraduates and presenting a scientific report at a high level	Faculty of Physical Education and First Military Training. Scientific conference.13.11.25
9	Scientific conference of traditional 80 students and undergraduates of the Kazakh National Pedagogical University named after Abai	Department of Theory and Methodology of Physical Culture, Abai KazNPU, Almaty, Gogol Str., 1B. November 24, 2025.

Table 23

Publications in the media, radio, television, etc. in 2025
I'm A List of Interviews

№	Name, Activity, Scientific Title	Article title or speech	Date	Media Outlet
	-	-	-	-

CONCLUSION

Summing up the results of the reporting year, it can be concluded that the research activities of the department were carried out in a planned manner and all the set goals and objectives were fully fulfilled. During the reporting period, positive dynamics was observed in the main indicators of scientific activity, and the scientific activity of the teaching staff and students increased. The planned research work was carried out on time, and the results obtained contributed to the strengthening of the scientific potential of the department and improving the quality of the educational process. At the same time, systematic work was carried out in the direction of development of cooperation, effective use of scientific resources and support of young scientists.

In particular, scientific articles of the department's teachers have been published, including articles published in international journals, which are included in the Scopus database. This indicates the quality of scientific results of the department and its international recognition. At the same time, the level of professional development of the teaching staff amounted to 90 percent, which indicates the stable development of human resources.

In addition, with the participation of students, research work was carried out systematically, joint research work was carried out. This had a positive impact on the development of students' scientific potential, the formation of research skills and the training of future scientific personnel.

Thus, at the end of the reporting year, the research activities of the department were organized at a high level and the full fulfillment of the assigned tasks was ensured.